



First Presbyterian Church of SANTA BARBARA



November 2016

The Patio News

**Worshipping and Serving in
Santa Barbara Since 1869**

21 East Constance Ave., Santa Barbara, CA 93105 . 805.687.0754 . www.fpcsb.org
Pastors: Peter Buehler, Erik Wiebe, Anne Shelton

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Sunday Morning Worship Schedule

- 8:30 - Chapel**
With Communion
 - 9:00 - Fellowship Center**
Informal Worship
With Praise Band
Adult Education
Sunday School
 - 10:30 - Sanctuary**
Liturgical with Choir
- Nursery Care is available**
8:45 - 11:45 a.m.

November @ 1st Pres.

Presbyterian Beliefs Class

*Continues through November 16th
Wednesdays 7:00 - 8:30*

Soul Food Dinners

*Continues through November 16th
Wednesdays at 5:30*

PresbyFolks

*Pot Luck Dinner & Movie, November 13th
5:00 in the CFC*

53rd Annual Advent Workshop

Sunday November 27th 5:00— 7:30

Pastor's Message

Church Office Hours
Monday - Friday
9:00 a.m. - 4:00 p.m.

Member Updates
From the Clerk of Session's
Report:

In Memoriam

Want a ride to church on the van?

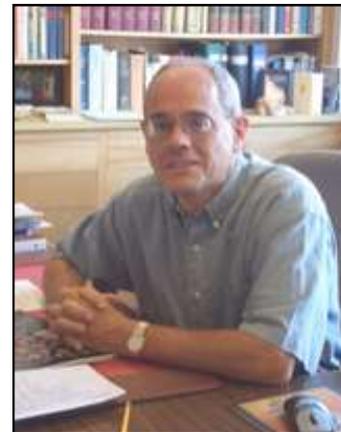
Call 687-0754, extension 9,
and let us know.

We'll call you on Sunday
morning and come pick you
up!



Dear Friends,

I sometimes wonder if Jesus got it backwards. After teaching that we shouldn't *store up for (ourselves) treasures on earth, where moth and rust consume and where thieves break in and steal*, Jesus says, *For where your treasure is, there your heart will be also*. Shouldn't that be reversed? Shouldn't we first have our hearts in the right place? Don't attitudes and priorities come before behaviors? Don't convictions precede actions? Don't we have to be convinced something is right before committing to actually doing it?



Rev. Dr. Peter Buehler
Pastor

Jesus sees things differently. Good habits, he suggests, produce good hearts. Acting in loving ways shapes us as loving people. Giving ourselves to prayer enables our belief in prayer. Being generous makes us generous.

As we enter the time of year when we consider our financial stewardship, I know that you, generous congregation that you are, will, as you are able, increase your giving. Hearing Jesus' words about where our treasure is, counter-intuitive as they are, reminds us that we grow through giving. Trusting his way has the effect, over time, of making us truly self-giving people. His heart becomes our treasure.

With gratitude for your heart,

Grace and Peace to you, *Peter*

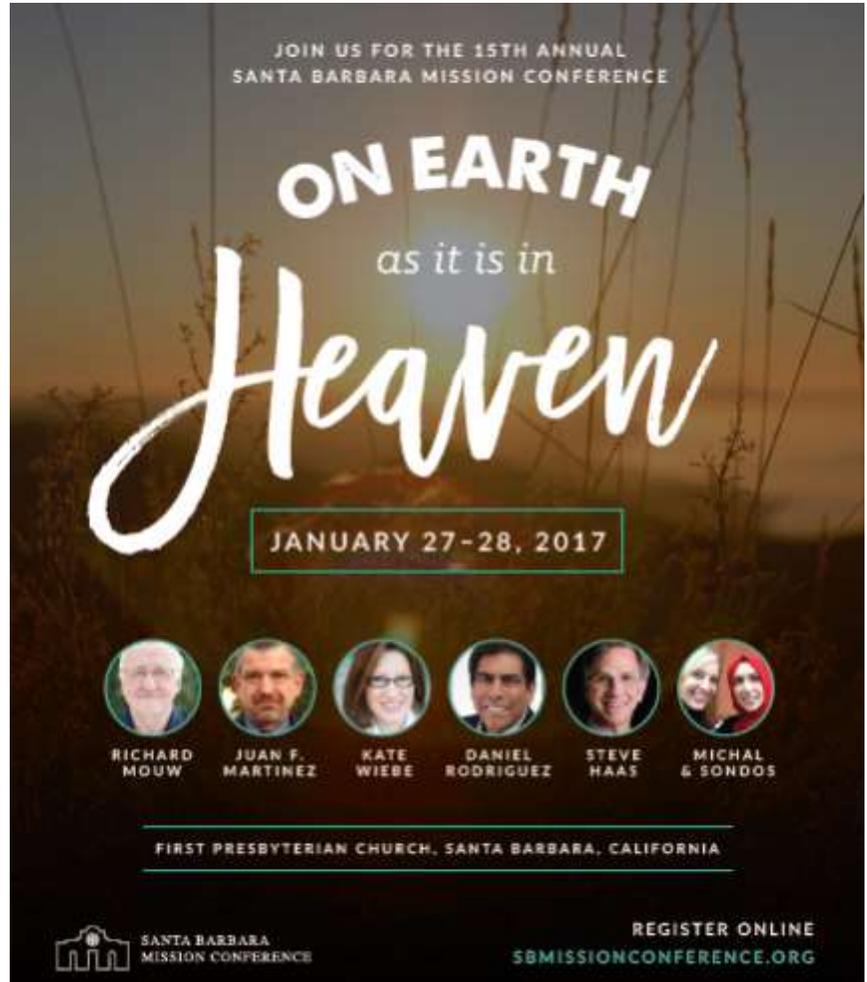
PATIO NEWS: Editor: Lee Kirkpatrick, Reproduction: church staff. **MAIL TEAM** For November: Margaret Brown, Al Harper, Diane Hemmer, Al & Arline Noreen, Bruce & Nancy Williams

*15th annual
Santa Barbara Mission
Conference
January 27-28, 2017*

Each year FPCSB hosts 400+ conference guests for the weekend. There are many opportunities for our church to provide welcoming hospitality. If you'd like to be a part of an energetic, fun crew of 20+ who provide food hospitality, please contact Jan O'Connor, coordinator: joconnor1222@gmail.com; (805) 570-3527. Maybe you'd like to be a host, helping people find their way around our facilities. Maybe you'd like to help with the audio-visual needs of the conference. For these things contact Chuck Curtis: ccurtis@fpcsb.org; (805) 687-0754, ext. 102.

Join us as an attendee of the conference as well to be inspired to engage in the work of God's mission-reconciling races and cultures, aiding refugees, helping at-risk youth, understanding immigration, reducing illiteracy, and more.

WWW.SBMISSIONCONFERENCE.ORG



Our Vision

God calls us

to worship faithfully.

God calls us

to serve lovingly.

God calls us into community:

sharing grace unconditionally,
seeing Christ in all people.

Stewardship

“Our Community Continues”

*Celebrating Stewardship 2016 at
First Presbyterian Church of Santa Barbara*

THANK YOU!

Thank you for all of the ways that you have made a difference in the life of our community in this past year. Your generosity has inspired and supported vital, joyful ministry in Santa Barbara and around the globe!



STEWARDSHIP 2016: OUR COMMUNITY CONTINUES!

As our congregation nears 150 years of ministry in Santa Barbara, our continuing witness to the good news of Jesus Christ is being lived out in dynamic and growing ways. First Presbyterian continues to build our ministries in order to serve our community and our world. From our Early Childhood Center to our Seniors Ministries and every age and stage in between, we commit ourselves to continuing a life together full of vibrant joy, warm hospitality, engaging worship, bold mission, and redeeming love for our community and our world.

This past year we have experienced generosity that has brought exciting new opportunities to our congregation.

Our newly renovated Christian Education Center will welcome children, youth, and families for years to come, thanks to the generous giving of so many who supported the project.



We welcomed Erin Bonski-Evans as your new Minister of Music. We're so blessed that Erin brings her gifts and talents to the joyful work of expanding our music ministries with worshippers of all ages!



We welcomed Rich Ellgen as our new Minister to Youth and Young Adults. Rich's enthusiastic teaching and inspiring heart enliven our youth and young adult ministries!



We welcomed Beth Hassenplug as our new Director of our Early Childhood Center. Along with celebrating the wonderful accomplishment of becoming a nationally accredited infant and preschool center, Beth is also helping build continuing connections with First Pres. ministries.



NOVEMBER is Stewardship Month!

We at First Presbyterian affirm that we steward the ministries and gifts of this community as a witness to Christ's generous love. We steward this good news because it does not come from us, but comes from God. And so we continue to pledge our tithes and offerings to God's work that is evident in and through First Presbyterian Church.

YOU ARE INVITED to consider your gifts to this amazing work, and to bring your pledge card on any Sunday in November.

NOVEMBER 13 we'll be hosting a special CELEBRATION SUNDAY to celebrate God's amazing generosity in our midst, and all the ways that OUR COMMUNITY CONTINUES to witness to the good news of Jesus Christ by the grace of God.

ROOTS AND FRUITS

by Gordy Hess

When you hear the word 'roots' what pops into your mind? A tv show, ancestry.com, gardenology, or the cracks in your concrete from roots of the neighbor's tree. And when you think of 'fruits'?---strawberries, bananas, pears, grapes, yum-yum.



But I'm thinking of the Historical Roots of this Congregation. Our 'historical' roots go deep---1869---Our roots are deep and wide---world wide. We are part of a Continuing Community of Faithful Followers who have for generation upon generation, loved and served and embraced and shared and responded to the needs of people in Santa Barbara and around the world, in Jesus' name. We are not a short term 'pop-up' church gathered around a personality. We are a long-term obedience driven, Jesus following fellowship.

Whether you have joined this faithful fellowship in the past few years or in previous decades your deep **roots** have produced practical and personal **fruits**---fruits of the **Spirit** (Love, Joy, Peace, Patience) and fruits of **Service** (to our neighbors without homes, transition house, community kitchen, the men in jail, etc.)

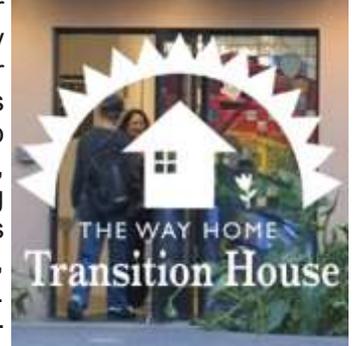
So, during this season of **Stewardship**, please consider enriching the soil of your soul with your financial pledge and increasing your commitment to maintaining our ministry in our community.

Maybe you can't DO everything you'd like to do, or BE involved in every ministry being done in Jesus' name, but you can GIVE---your heart in prayer, your support in a pledge.

You are an essential part in maintaining the ongoing ministry of this Continuing Community.

Serving Our Community: Transition House, Santa Barbara

"I have had the privilege of serving at Transition House through our church for many years. Our particular group serves 4 times a year. We split up the jobs of shopping, cooking, transporting food, making lunches for the following day, and serving dinner. The families and volunteers of Transition House are always so grateful for our involvement. The combination of fellowship and serving food to hungry families is always rewarding. As we face the sad situation of what seems like an ever increasing homeless population in Santa Barbara, it truly is a blessing to serve them in this setting of hope."



— Jacci Trandal

Transition house is one of MANY ways our congregation participates in serving the Santa Barbara community and extending care throughout the world.

We continue to support vital global outreach initiatives that bring hope and healing to people and communities around the globe. We are glad to call these global partners our friends, and enjoy welcoming many of them to our community, praying with them, and celebrating their continuing mission and ministry.



THANK YOU!

Thank you for prayerfully considering your ongoing support of First Presbyterian Church of Santa Barbara.

Youth & Young Adults Ministries

With the weather cooling off and the days getting shorter, fall is in full swing. It's such a lovely season. It's also a time as we ramp up our fall programming. Our youth have been busy with school, sports, and with our activities. Through the month of October, we collected items for our care packages for the Syrian refugees. Thank you for your generous support. We also took our youth, and Club 456 to the pumpkin patch at Lane Farms. It was a lot of fun to play and spend the afternoon together. This month also saw the beginning of Soul Food and was a great way for our youth to be involved of with the community and more of the church.

In November we are turning our focus on Thankfulness, and of course Thanksgiving. Along with normal youth programs, we have a few exciting events to look forward to. We are joining with Soul Food as a way of participating with the greater church and the community. We're also taking a trip to downtown L.A. to work in a soup kitchen on Wednesday, Nov. 23. We're meeting at the church at 8 AM and returning at 8 PM. We're going to spend the morning in a soup kitchen on Skid Row, and afterward spend some time on the Santa Monica Pier before driving home. It's going to be a day of service as we look at a world greater than the one in Santa Barbara.

As a youth program we are also continuing our weekly programming which is a highlight of my week. Jr. high is on Sundays from 4-5:30 PM, high school is on Wednesday 6-8 (**but during Soul Food 5:30-8**), and young adults meet at our house on Sundays from 6-8. It's so great to get together and play games, talk about Jesus, and get to know each other at deeper levels. Thank you for your continued support.

In Christ, Rich Ellgen



What's Happening For Youth Regular Events:

Jr. High Youth Group Meets

Sunday afternoon from 4:00 to 5:30 in *The Lodge* Youth Lounge

High School Youth Group Meets

Wednesday evening from 6:00 to 8:00 in *The Lodge* Youth Lounge

The College Group Meets

Sunday evening from 6:00 to 8:00 at Rich's home for dinner and Bible study

Sunday mornings all are invited to attend the 9:00 service then afterwards meet in *The Lodge* Youth Lounge for donuts and "Coffee Talk"



Rich Ellgen,
Minister of Youth &
Young Adults
rellgen@fpcsb.org
(805) 687-0754 x 108



Susan Croshaw
Director of Children's
Ministries
scroshaw@fpcsb.org,
(805) 687-0754 x115

Children & Family Ministries

For Children and their Families

Susan Croshaw, Director of Children's Ministries
scroshaw@fpcsb.org. (805) 687-0754 x115

Coats

New and gently used coat donations are being collected now through the end of January. This Sunday School mission project is hosted by the Upper Elementary Sunday School class. Coats will be given to support church programs such as Warming Shelter and Jail Ministries' Clothes Closet. **All Sizes Needed**
Drop boxes in Fireside Lounge - and outside of Susan and Beth's offices



53rd Annual Advent Workshop
Sunday, November 27
5:00 to 7:30 p.m.



Bring a plate of sandwiches, salad, or a side to share (drinks and dessert provided).

Join us in our rich tradition of preparing for Advent with the whole church family; dinner, caroling, crafts, and cookie decorating.

Dave Wilkes will be taking our Christmas Photos again this year in the Fireside Lounge.

*Get yours take early:
Sunday, the 27th from 9:45-10:45*

*Or at the Advent Workshop
Sunday, the 27th at 5pm.*



Tues. 11/1, 7 pm

Youth and Children's Ministries Committee Meeting (CEC)

Tues. 11/1, 7 pm

Girl Scouts (CEC)

Weds. 11/2, 9, and 16

Soul Food, 5:30 pm Wednesday evenings (CFC), with the church family. Dinner is \$5 each or \$10 per family.

Friday 11/11, 6-8 pm

CLUB 4-5-6

Presbycamp style fun, fellowship, singing, and games. Dinner is provided (CEC)

Tues. 11/15, 7 pm

Girl Scouts (CEC)

Friday, 11/18, 5:30 ECC Harvest Dinner

Join the families and staff of the ECC for their annual harvest feast. Bring a side dish or dessert to share. Turkey and potatoes provided (CFC)

Sunday, November 27

Advent Workshop
5-7:30 pm in the CFC
Potluck dinner, singing and crafts (CFC)

Friday 12/2, 5-9 pm

CLUB 4-5-6

Meet at the Croshaws for Chili dinner and a walk to the Christmas Parade on State St.

CEC (Christian Education Center off the lower parking lot across the playground)

CFC (Christian Fellowship Center off the upper lot, main patio)

Healthful News

November is Diabetes Month

According to the Washington Post almost 90 million people have prediabetes yet many people may not have a clue that they have it because they experience no signs or symptoms. Yet upon reviewing the results of their blood glucose (blood sugar) level they would notice that it is higher than normal but not high enough to be considered diabetes.

I have a 40 year old friend who was just in shock when he was told by his physician that he was pre-diabetic. He works out three times a week yet his desk job keeps him sedentary most of the day. He also tends to eat a big dinner late into the evening and on the way home he may stop off to have a beer or two with a friend a couple times of week. There is no history of diabetes in his family so he felt the results were an error. A repeated blood test revealed the hidden truth and a scale revealed he had gained over 20 pounds in the past year.

Like many Americans he needs to lose weight. Losing just 5-10% of your weight can significantly reduce your risk of developing type 2 diabetes. Together we are working on a health plan to turn his number around. First we are designing a meal plan that exchanges simple carbohydrates to complex carbohydrates yet gives him choices throughout the day that are healthy. We are also encouraging him to increase his exercise by going for a walk in the evening, or riding his stationary bike for 20-30 minutes. Lastly, he is also going to try using a standing desk at intervals throughout his work day.

A diagnosis of pre-diabetes means you need to make changes. Eating healthy food, losing weight, and staying physically active is a prescription for positive change that requires no medication!

Blessings, Sharon

Sharon Head RN
Parish Nurse

**Parish Nurse—Hours
Tuesdays**

**Call for appointment
(687-0754x103)**

or email strollrn@aol.com



Seasonal Flu Vaccines are here

It's that time of year again! The CDC recommends a yearly flu vaccine as the first and most important step in protecting against seasonal influenza



***Contact Sharon at extension 103 and
leave a message if you would like a flu
shot.***

(Cost is \$20 suggested donation for non-seniors and \$10 Seniors)

Deacon Corner

If you are homebound and would like home communion on Sunday November 6th please leave Sharon a message at extension 103 at the church.

Reminder: There will be no Deacon meeting in November.

Quality Early Childhood Education

By Beth Hassenplug, Director ECC

Infants and young children experience rapid growth and development over their first five years of life. Research has shown that high quality care and education during these years prepares children to be successful when they enter kindergarten. The teachers of the Early Childhood Center work hard to provide a high quality environment. They take classes and workshops every year to stay updated on the latest research and teaching tools. We also participate in several programs that help us improve, and maintain high quality standards. The National Association for the Education of Young Children (NAEYC) has worked tirelessly to improve the quality of early childhood education. They offer an accreditation program based on 10 standards of quality. We met these standards with flying colors and were recently officially accredited by the NAEYC as a high quality school. We are also a 5-star center with the state level Quality Rating Improvement System (QRIS). This system helps our center maintain high quality through professional development opportunities for teachers and grants. Thank you for your recent support of our AXCESS Fundraiser! It raised \$3000 for the center. We use these funds to provide enrichment activities for the children like music, and dance.

Did you know?

There is a great IRA opportunity for end-of-year charitable giving!

As you may have heard, Congress has made the Individual Retirement Account ("IRA") Charitable Rollover provision permanent. The Charitable Rollover provision enables individuals age 70½ or older to make tax-free gifts totaling up to \$100,000 from a traditional IRA account. Individuals 70 1/2 are required to take annual required minimum distributions from their IRA accounts. This law allows individuals to designate part or all of their required distribution amount to go directly to a charity or charities, such as First Presbyterian Church.

While you cannot claim a charitable deduction for IRA gifts, this distribution from the IRA counts towards your minimum required distribution for the year and reduces your taxable income because the amount of the transfer is not included as part of your taxable income. It would be a tax-free transfer from the IRA account directly to First Presbyterian Church.

In order to complete an IRA Charitable Rollover for 2016, please contact your IRA provider for detailed instructions. Such transactions usually take a few weeks, but the provider should be able to complete it by year's end. The transaction must be finalized by December 31, 2016 in order to apply to the 2016 required IRA distributions.

Submitted by Kristen Blabey

A Message from the Craft Group

It is with much sadness and heavy hearts that the Craft Group announces we will not be offering the Christmas Boutique this November. Due to serious illness and death, our membership has dwindled from a vigorous sixteen to at best eight, but most consistently five. We have undertaken to turn our efforts and materials to philanthropic endeavors such as *Pillows for Breast Cancer Survivors*, turtle pillows for *Painted Turtle Camp* which serves children with life threatening diseases, and blankets for the *Linus Project* which provides blankets for children entering the hospital. Thank you all for the years of support and loyalty we have received and enjoyed from members and friends of First Presbyterian Church of Santa Barbara.

ADULT SPIRITUAL FORMATION & EDUCATION FOR NOVEMBER

There are 4 Sundays in November & there will be a 9 a.m. class on each of them. We are finalizing one Sunday program, but here's what's happening on the other 3:

The Rev. John Harris will present a class on our newest confession, the Belhar Confession

Meryle will be doing an update on all the sisters & brothers you have gotten to know from Syria, Lebanon, & Iraq

In preparation for Cynthia & Dave Ardell's December presentation on their experience on the Camino de Santiago, we will spend a class with a *Thoughtful Christian* study on Christian Pilgrimage

So stay tuned to the Enews and the Sunday

Rooms for Rent

Would you like to reserve a room at the church?

Please contact Katie Lukehart at KLukehart@fpcsb.org or 687-0754 x105.

Fellowship

PresbyFolks

Upcoming Events

The PresbyFolks sponsor a social outing each month.

Upcoming PresbyFolks Events

Nov. 13 Potluck dinner and movie "The North Ave. Irregulars." Free
5 pm Dinner in CFC and movie in Anderson Lounge.

"The North Avenue Irregulars"

Dec. 7 Chili supper and caroling. Caroling at Vista del Monte and chili supper
5 pm in CFC.

Check the weekly E-News and Worship Folder bulletin inserts for updates



PRESBYTERIAN
WOMEN

Presbyterian Women

Presbyterian Women meet monthly on the fourth Monday, Dinner by Kay at 5:30
Program follows

There will not be a PW meeting in November

The Christmas Tea will be on December 10th

Sign-up at the front desk or call Katie Lukehart at the church office
687-0754.

FOOD



FIRST SUNDAY of each month, bring non-perishable foods for



Transition House

In-Gathering

Want a ride to church on the van?

Call 687-0754, extension 9, and let us know.

We'll call you on Sunday morning and come pick you up!



The Adventurers

The Adventurers invite you to join us each second Wednesday of the month in the Christian Fellowship Center

11:30am Fellowship
12:00pm Lunch by Kay
1:00pm Program:

This month it's 9 November
Yvonne Bazinet

Will speak on

My Mission Trip to Fresno

Cost per person: \$10

Reservation deadline: the
Sunday, before

(A reservation made is a reservation paid)



Sign-up in person at the front Desk
or call Katie Lukehart at 687-0754.

Can You Drive or Help Once a Month?

Do you have one day a month (or one day any month?) to show God's love simply by sharing your ability to drive – and to enjoy a nice lunch with lovely people, too?! Driving not for you? Be a driver's assistant!

On the third Wednesday of each month, September through May, about 40 community seniors enjoy our "Chariot of Friends" lunch trips to restaurants anywhere from Oxnard to Buellton, often here in Santa Barbara. We provide transportation from the church and also pick-up people who need a ride, so we need drivers for our church vans.

No special license is required for two of the vans, just a good driving record and some training we provide. However, we are also in great need a Class B driver every month for our larger van, as our current drivers are retiring.

Driver's Assistants make phone calls for the drivers and help with seatbelts, walkers, etc., all much-appreciated by our passengers.

Chariot of Friends

The Church Vans go somewhere each third Wednesday for lunch

Last Lunch at the John Dunn Gourmet Dining Room, Santa Barbara City College
Wednesday, November 16th, 2016

We are one of the last luncheon reservations they accepted! The facility is going to be torn down along with the much larger building next to it. A new, larger Student Center will be built, including a new gourmet dining room.

Vans will leave the church parking lot promptly at **9:30 a.m.** with the people boarding at church. Then we will pick up those requesting a ride and meet people driving themselves at **11:30 a.m.** at SBCC. Parking is very difficult due to construction, so we recommend getting a ride on the van. The cost is \$17 each.

Join us on **Wednesday, November 16th**, as we enjoy the food and friends.

Menu choices are:

Salmon
Served with a Béarnaise Sauce

Chicken Marsala
A Boneless Chicken Breast Braised with Marsala, and Mushrooms.

Beef Tenderloin
Roasted Beef Tenderloin served with a Shitake and Portobello Mushroom.

Vegetarian Entrée – can be arranged with advanced notice.

All meals include a salad, the entrée, beverage, and dessert

SBCC needs all our orders before November 8th.

By November 7th, please call Diane Hemmer at 563-0063 to let her know your menu choices and whether you will meet us at the church or at the restaurant, or if you would like us to pick you up.



First Presbyterian Church
21 East Constance
Santa Barbara, CA 93105

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Dated Material



FIRST PRESBYTERIAN CHURCH
21 E. Constance Ave, Santa Barbara, CA 93105
(805)-687-0754



Senior Activity Program

November, 2016

Please make
your paid reservation for

Lunch by 10:15 each

Friday

Nov 4 - Friday

Nov 11 - Friday

Nov 18 - Friday

Nov 25 - Friday

10:00 Gathering Time
10:30 Jessica Fletcher
"Murder, She Wrote"
"Hit, Run and Homicide"
11:30 Movement and
Motion with
Nicole Clancy
12:00 Remarkable Lunch
1:00 Bible Study
with
Rev Anne Shelton

10:00 Gathering Time
10:30 Lee Kirkpatrick
Veteran's Day
"American Flag Honors"
11:30 Movement and
Motion with
Nicole Clancy
12:00 Fabulous Lunch
1:00 Mexican Train!
We All Love It!

10:00 Gathering Time
10:30 "Sing-Along"
with our own
Erin Bonski-Evans!
11:30 Movement and
Motion with
Nicole Clancy
12:00 Joyful Lunch
1:00 Po-Ke-No!
Feelin' Lucky!

No Gathering Today!

*We Wish You a
Warm and Wonderful
Thanksgiving
Holiday!*

Any questions or suggestions,
call
Diane Hemmer 563-0063

*At This Thanksgiving Time,
Let Us Give Thanks to God for His
Blessings for the Good People
and Good Times in our Lives!*

The Senior Activity
Program is for active and
independent seniors and
not for those requiring
care, assistance, or
supervision.