



Westminster
Presbyterian Church

— worship well —



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the Chronicle

March 22, 2018 - volume 48, number 8

From the Pastor's Study A Message From Rev. Dr. Larry Hayward **Making Tomorrow's Memories**

I recently had a two day trip to my hometown of Memphis to be part of a fifty-year commemoration of the death of Dr. Martin Luther King, Jr. through the Faith and Politics Institute, on whose board I have served for nearly ten years.

On the day in which most of you were huddled in your homes surviving near-hurricane force winds, I was on one of the few flights that left early in the morning out of Reagan National. When we landed in Memphis, we went immediately to the Mason Temple, where Dr. King gave his "I have been to the mountaintop" sermon less than twenty four hours prior to his assassination, then to the Lorraine Motel, now the National Civil Rights Museum, for a lunch and program.

At the Temple, we heard memories and recollections from Mr. Elmore Nickleberry, one of the sanitation workers who went on strike in 1968, and who, at 86 years old, is still working full time, driving a sanitation truck, serving as a crew chief, occasionally lifting bins of trash over his head.

That afternoon, I left the pilgrimage as planned, walked a few blocks to the historic Peabody Hotel (whose ducks I remember as a child and later as a young parent and then as a returning tourist), took a cab to my mother's home in the suburbs, borrowed her car, and drove to another part of the city to see one of our members, who has recently moved from the Alexandria area, and who was sitting with her own mother, who, in her nineties, had just entered hospice care. Even though the woman was not expected to live long, her eyes were open, her arms outstretched, her hearing and powers of recognition still vital. Like Elmore Nickleberry, she still had much life in her.

The trip reminded me of the importance of things old: ordinary buildings erected for one purpose that, because of what happens in them, become important historic sites; people whose ordinary lives of work and courage lead them unexpectedly to become players in important historical developments; people who live into their ninth and tenth decades who, while not "historical figures," leave a rich legacy of life to their church, their community, their children, grandchildren, and great grandchildren.

Many years ago, an older elder in a church I was serving said, in support of an expansive stewardship campaign we were conducting at the time to improve the church's outreach to children and youth, "I am behind this campaign, for we are making tomorrow's memories."

What each of us does – in our family, among our friends, in our community, in our work, in our role as citizens, in our role as members of Westminster – is "making tomorrow's memories." The church is in the business not only of remembering, but also of making memories for those who come after us.

-Larry



We welcome to the Westminster nursery:

- **Hazel Olivia Thurnes Carlson**, daughter of Westminster's Program Assistant Jessica Thurnes and her husband Peter Carlson.
- **David Miles Karner**, son of Stephanie and Matt Karner, little brother of Charlotte.
- **Merritt Joseph Stuntz**, son of Joe & Michelle Stuntz, little brother of Wallis, grandson of Reid & Linda Stuntz



Westminster Roadsters (Boomers and Beyond)

www.wpc-alex.org/roadsters

Nancy Hall Berens, Director | nhallberens@wpc-alex.org

Please register for events with Nancy or with the church office.

Monday, April 16: "Tomb of Christ," an interactive exhibition at the National Geographic Museum

Be virtually transported to Jerusalem and discover the fascinating history of the Church of the Holy Sepulchre in an immersive experience. This exhibition features a short 3D film with active 3D glasses and tells the history of the church and its recent renovation. The exhibition is not recommended for those susceptible to motion sickness or dizziness. Meet in the church parking lot at 9:45 AM. We'll have lunch at National Geographic after the exhibit and return home by 2 PM. Cost \$2 for bus plus lunch. Thanks to one of our church members, we have complimentary exhibit tickets for 13 people plus bus driver and leader.

Thursday, April 19: "Harvey" at Little Theatre of Alexandria

Imaginary friends can be whoever — or whatever — you want them to be, even a six and a half-foot tall rabbit. When Elwood starts introducing his imaginary rabbit friend, Harvey, to guests at a party, his sister can no longer tolerate his inebriated antics and worries about her family being exposed to this imaginary rabbit. However, after years of living with Elwood (and Harvey), she begins to start seeing Harvey herself! Show starts at 8:00 PM; arrive between 7:30–7:45 to receive your ticket.

Monday, May 21: "Cézanne Portraits" at the National Gallery of Art

Catch the new Cézanne exhibit before it leaves for London and Paris! This is the first exhibition devoted to the famed post-impressionist's portraits. Some of these works have never been exhibited in the United States. After the exhibit, we will eat lunch at one of the gallery cafés. Meet in the church parking lot at 9:45 AM. We'll return about 1:30 or 2:00 PM. Cost \$2 for bus plus lunch.

Welcome Cambria



Cambria Van de Vaarst became the first Music Intern at Westminster in March 2017. Raised in Germany, she is a graduate of Shenandoah Conservatory in Winchester, VA with a BM in Harp Performance and a Certificate in Church Music. Cambria has served churches for seven years, filling various roles from organist to children's music director.

While studying harp, Cambria participated in masterclasses given by harpists such as Elizabeth Blakeslee, Yolanda Kondonassis, Dotian Levalier, and Bridget Stuckey. As a young harpist, she played on stages such as the Kennedy Center and Carnegie Hall with various youth orchestra programs, and toured throughout the great concert halls of Spain with the Shenandoah Symphony Orchestra. As well as performing in concerts, Cambria has a passion for street performing, believing in the power of music to connect people from all walks of life during random moments in someone's day.

As Westminster's Music Intern, Cambria will be assisting in the preparation and conducting of all of Westminster's choirs, will play for portions of services, and receive weekly conducting and organ lessons under the direction of the Music Director, Dr. R. Ben Hutchens. She is passionate about engaging people in music and is committed to helping people find their own abilities as she continues her education here at Westminster.

Cambria has a passion for rock climbing, and when she's not engaged in music is likely to be found one hundred feet off the ground. She is an avid practitioner of ashtanga yoga and works as an organ technician with Lewis and Hitchcock, and currently resides in Rockville, MD.

Welcome Stacey

We're pleased to welcome Stacy Danquah as our Temporary Program Assistant. Stacy will be with us through mid-May while Jessica Thurnes is on maternity leave. Stacy can be reached at sdanquah@wpc-alex.org or ext. 112.

HOLY WEEK

PALM SUNDAY—

MARCH 25

Palm Sunday Breakfast |
9:30-10:30AM

*(No Adult, Youth, or
Children Education Hour)*

10:30 AM Donkey
Processional on the Front
Lawn

11:00 AM Worship in the
Sanctuary

Liturgy of the Passion

MAUNDY THURSDAY—

MARCH 29

7:30 PM Worship in the
Sanctuary (with
Communion)

Westminster String
Quartet

GOOD FRIDAY—

MARCH 30

7:30 PM Worship in the
Sanctuary

Westminster Choir
Tenebrae

EASTER SUNDAY—

APRIL 1

8:30 AM & 11:00 AM

Worship in the Sanctuary

United States Army Concert
Band Quintet

*(No Adult, Youth, or
Children Education Hour)*

Palm Sunday Breakfast

March 25, 2018
9:30 – 10:30 a.m.
Fellowship Hall

Join us for our annual church-wide potluck Palm Sunday Breakfast! Please bring your favorite breakfast dish to share (egg casseroles, quiches, fruit, muffins, etc.). No need to bring serving utensils ... we have plenty at church.

Note to families with children: Come have breakfast and then head out for the annual donkey procession!

If you'd like to volunteer to help with the breakfast, please contact Joy Cameron at CL@wpc-alex.org.



Children and Families

www.wpc-alex.org/families
 Patty Chamberlain, Director of Children's Ministry | pchamberlain@wpc-alex.org
 Molly Roden, Director of Children's Music | mroden@wpc-alex.org

April's Creation Station theme is the Banquet with Simon. There will be no Whole Family in April to allow parents to attend the Adult Education class on Talking to Kids of Color.

Middle School: What's Next | April 8 | 9:45 – 10:45 AM in Creation Station.

Whitney will lead a discussion for rising 6th graders and their parents about the opportunities for middle schoolers. Come learn about the 9:45 Sunday School hour, Middle School Youth Group and Youth Mission trips.

Information Session for Parents of Rising Kindergartners | Sunday, May 20 | 9:45 AM in Room 303/305

Learn about all the exciting programs for your rising kindergarten child! We will inform you about Creation Station (Sunday School); Children and Worship (what the children do when they leave after the children's sermon) and children's choir.

Music & More Week | Mornings, June 25–29 | *The Lost Boy*

M&M Week is our summer musical day camp experience for children who are currently enrolled in kindergarten through fifth grade. Led by Molly Roden and Patty Chamberlain, this is a special week filled with singing, drama, storytelling, arts and crafts, snacks, recreation, games, and more! Many volunteers and parents also teach and assist. Information and registration form at wpc-alex.org/families.

Family Retreat | May 12-13 |

Raising a Faithful Child in a Social Media World

Claggett Center in Adamstown, MD

Families with children age 0–5th grade are invited to experience this wonderful retreat opportunity! Our retreats are great for kids and grown-ups of all ages. Take this time away to reconnect with your own family—and the families that make up the church we call home! On our retreat, we'll explore the positive and negative aspects of social media, how it influences our children (and us) and how to effectively use social media to help grow our faith.

Our retreat leaders are Westminster's own Vince Crisler, Sara DeWitt, Elizabeth Hoover, and Megan Pollock. Combined, they bring varied and rich backgrounds in the internet, social media, education and safety.

The Claggett Center is situated on 268 acres with a working farm and fantastic views of Sugarloaf Mountain and the Monocacy River Valley. You can take the time to hike a trail, enjoy your meals on the patio, or relax in a porch rocker and watch the sunrise. Bishop Claggett is about an hour and fifteen minute drive from Westminster.

Information and registration form at wpc-alex.org/families. Registration ends March 30!



Flying Solo Singles Ministry (50's and above)

wpc-alex.org/flying-solo
Nancy Hall Berens, Director |
nhallberens@wpc-alex.org

Tuesday, March 27: Monthly Potluck

7:00 p.m. in the Johnson Parlor.

Join us for our monthly service project of making sandwiches for the Bag Lunch program then we'll have potluck dinner together. Please bring a simple dish to share.

Easter Sunday, April 1

Join Flying Solo friends at the home of Judy Curtis for **Easter Dinner**. Come after church; eat at 2 pm. \$15 per person, everything provided. RSVP to Judy. Watch for more details by email.

Monday, April 9: Monthly Dine-Out

Enjoy dinner with Flying Solo friends at City Kitchen, 330 S. Pickett Street, Alexandria (in the Trade Center). Meet at church at 7:00 pm to carpool or meet at the restaurant at 7:15 pm.

Saturday, April 21: Outing to the Philips Collection

Come visit the special exhibition on "Ten Americans after Paul Klee" at the Philips Collection. This exhibit explores the work of the Swiss-born German artist Paul Klee in relation to the influence his art had on American Abstract Expressionism. Klee was both a successful painter and a teacher at the experimental Bauhaus School. Although Klee never traveled to America, many of his works were moved over here after Klee's art was purged from German museums by the Nazi government. Tickets at the door are \$12 (\$10 for over 62). Meet at church at 9:30 am to carpool or metro.

Monday, April 30: Book Group: "The Year of Living Biblically" by A.J. Jacobs

This is a fun read about the author's attempt to live as closely to Biblical laws and customs as possible for one full year...in the middle of New York City! While his account is funny and sometimes irreverent, we witness the author's spiritual journey as he seeks to understand the relevance of faith in our modern world. His experiences during the year help us see the Bible with new eyes! 7:00 pm at the home of Cindy Smith.

Save the date for our annual Fall Retreat

October 5-7, 2018 (Columbus Day Weekend). This year we will welcome Patrick Hunnicutt as our retreat leader, and we will be going to a new location – Loyola on the Potomac, a Jesuit Retreat House on a bluff overlooking the Potomac River in Southern Maryland.

For more information about Flying Solo Singles (50's and above), please contact: Nancy Hall Berens, Director of Congregational Life and Singles Ministry nhallberens@wpc-alex.org or 703-549-4766 ext. 121 or visit our page on the church website at: www.wpc-alex.org/singles.

Your Foundation Dollars at Work

The Westminster Foundation Board recently approved use of Foundation funds as follows:

- From the Special Music Performance Reserve Fund, for the performance of the Chichester Psalms during the March 4, 2018, worship service.
- From the Dorothy Neyman Music Fund, for musicians for the April 1, 2018, Easter services.

These and other designated funds in the Westminster Foundation support all Church program and mission areas, making a big difference every day in the Church's life and mission.

WOMEN'S MINISTRY

wpc-alex.org/presbyterian-women

Nancy Hall Berens, Director | nhallberens@wpc-alex.org

Janet Harris, Moderator and Alison Griffin, Vice Moderator | PW@wpc-alex.org

New Circle:

Our new women's circle is up and running – and we've named it Lydia Circle! We will usually meet on the second Monday morning of the month but in April we will meet on April 2. Please join us for our next Bible study and meeting on Monday April 2 at 9:00 am at the home of Melynda Wilcox (we will be finished by about 10:30). Contact Nancy Hall Berens for address.

Pillow Ministry

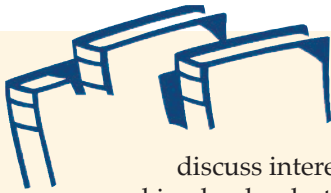
Meet the first Wednesday of the month to make pillows and stuffed animals for heart patients and children at Alexandria Hospital.

Shanghai Card Group

Gather on the third Monday of the month for some friendly competition and fellowship.

Women's Circles:

Women's Circles meet monthly for Bible study, friendship, and mission support. This year we are studying the Letter to the Hebrews. Watch for meeting details in the weekly Update or visit the Presbyterian Women's page on the church website: www.wpc-alex.org/presbywomen.



Book Groups

Meet on the fourth Monday of the month to discuss interesting and thought-provoking book selections. The April selection is *The Atomic City Girls*, a novel by Janet Beard for discussion on Monday, April 23. This fictional portrayal of women who worked on the top secret Manhattan Project at Oak Ridge during WW II offers a window into experiences and attitudes of the time and raises ethical issues. Please do not confuse this novel with the detailed historical account with an almost identical title, *The Girls of Atomic City* by Denise Kiernan, though that is worth reading. Discussions will be led by Clara Beth Van de Water at 11:00 a.m. and 7:30 p.m. in the Parlor.

Westminster Presbyterian Women Spring Gathering

Sunday May 6 at 12:15 pm

Haverkamp Room

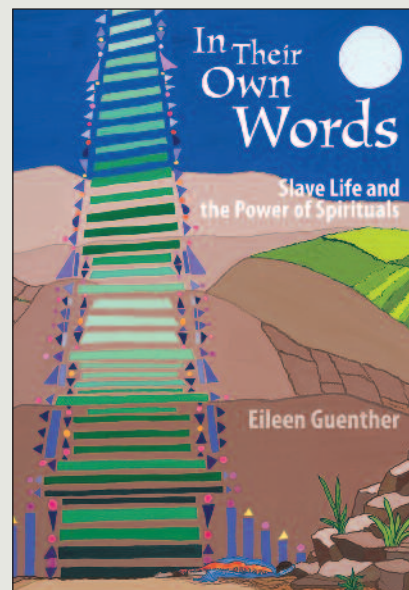
"BYOB" Bring your own bag-lunch.

Cheese, crackers, and fruit will be served.

Eileen Guenther will be discussing *Slave Life and the Power of Spirituals* with a special emphasis on the role of women in everyday life during slavery.

Join us to learn about the importance of singing and religion in the daily lives of the enslaved.

Dr. Guenther is an organist, church musician, and Professor of Church Music at Wesley Theological Seminary and has shared her knowledge and music with Westminster on several occasions.



Connecting with Presbyterian Women on the regional and national levels:

SAVE THE DATE: PW/National Capital Presbytery Spring Gathering April 28:

9 a.m. to 12:30 p.m. at Warner Memorial PC, Kensington, MD. Theme: "Building Bridges of Understanding." Three participants from area churches who traveled with the PW Global Exchange to Indonesia last Fall will share their experiences and observations of Indonesian women from four faith backgrounds working together for the welfare of their communities. Women's empowerment!

Worship will include a meditation by Rev. Lucy Dergarabedian and communion served Indonesian style, music and dance. The offering is designated for a women's empowerment project in Indonesian. More info at PW/wpc-alex.org. Register after Easter.

Synod Summer Gathering:

June 8-10 at Massanetta Springs
(<https://www.pwsynodmidatlantic.org/>)

Church-wide Gathering:

August 2-5 in Louisville, Kentucky

(https://www.presbyterianwomen.org/what_we_do/build-community/churchwide-gathering/)

Watch for more details on these gatherings and plan now to attend what promises to be interesting, informative, and spiritually uplifting gatherings of Presbyterian Women from throughout the country and the world!

For questions or more information on our women's ministry, please contact Janet Harris (moderator) and Alison Griffin (vice moderator) at PW@wpc-alex.org or Nancy Hall Berens (staff liaison) at NHallBerens@wpc-alex.org.

Men of Westminster

Contact: Dudley Schadeberg mow@wpc-alex.org

Men's Breakfast

Friday, April 13, 7-8:30 AM in Fellowship Hall

Central and Eastern Europe and the European Union and NATO with Dr. Miklos K. Radvanyi



**Meet
for
Breakfast**

With the fall of the Berlin Wall and the breakup of the Soviet Union (USSR) and its subsequent dissolution in the early 1990's, a number of the former Eastern European satellite countries became independent of the former USSR. Most of these newly independent countries have striven to establish free market economies, and have now become economic members of the European Union and have joined NATO.

The new Russian Federation was established in the 1990's with Vladimir Putin coming to power almost 18 years ago. The Russian Federation has engaged in aggressive behavior toward Eastern Europe, as well as becoming heavily involved in military actions in the Middle East and has made threatening moves toward the Baltic States. These actions are seen as threats to the stability of Eastern European countries and to NATO. Dr. Radvanyi will discuss and explore what the role of the United States should be in Eastern and Central Europe, and will suggest actions that can be taken to counter the economic and military threats posed by the Russian Federation.

Miklos K. Radvanyi is the Executive Vice President of International Policy at Frontiers of Freedom, an educational foundation founded in 1995, whose mission is to promote the principles of individual freedom, peace through strength, and limited government. He is an expert on geopolitical affairs, national security, and foreign affairs. He has been published in three different languages and has lectured around the world on foreign policy and world affairs. He earned advanced degrees from the Eotvos Lorand Scientific University in Budapest, Hungary; the School of Advanced International Studies at Johns Hopkins University; and the National Law Center at George Washington University. Dr. Radvanyi has served as the foreign affairs advisor to U. S. Senator Orrin Hatch and U. S. Representative Christopher Cox. He came to America after escaping communist rule in Hungary during the height of the Cold War. He recently became a member of Westminster.



Adult Faith Formation

www.wpc-alex.org/adult
Amey Upton, Director | auputon@wpc-alex.org



The past three Sundays in March we have enjoyed the reunion of our very own Dr. Larry Hayward & Rabbi Jack Moline who taught us to think about the difference in examining scripture for the “Text, Context & Pretext.” As we visited passages we were challenged to survey who is speaking? What can we take away today from a story long ago? What context do we bring? How does the pretext affect our takeaway? With humor and eloquence; with years of study and wisdom we all came away with deeper understanding.

The next three Sundays take us in a new direction on our year-long study “Towards Fuller Faith & Service.”

On Sundays April 8 & 15th Julie Wadler, owner of Epiphany Productions, will teach us about “Talking to Kids of Color” in the Westminster Room. With over 25 years of non-profit work Julie has a reputation of building dynamic partnerships. But raising two beautiful daughters from Ethiopia gives her a unique perspective on how to start a dialogue about race. Married to an African American and being Caucasian lends itself to being able to share at a deep level about her faith, her experiences of bias, and calling us to a higher level of understanding.

On Sunday April 15th Sally Fallon, founding President of Weston A. Price Foundation, will teach us about helping children who have chronic illness. She is the author of the bestselling cookbook, *Nourishing Traditions*, which brings attention to the dangers of trans fat, the benefits of bone broth, and the need to restore real nutrient dense farm food of our ancestors to our tables.

Such a success our 2018 Congregation-Wide Book Read was this year! If you missed Dr. Jay’s talk, you can access the audio on the church website under the Adult Ed tab. “We had a great, friendly book discussion” and “It was really fun to get to know new people as part of a book discussion.” Participants went on to say, “While not everyone liked the book people did seem to enjoy discussing and keep on discussing the ideas and concepts the book talked about.” “We talked about what kinds of experiences or feelings lead us to believe in God,” and “about free will and what it means for us as humans.”

A special shout out goes to our facilitators who led the book discussions: Jack Pitzer, Chris Matthews, Chris Bagley, Mary Filicetti, Connie Watson, Anne Marks, Cathy Smyles and Kathy Harkness. Over fifty people participated in the book read and over 50 persons attended Dr. Lombard’s talk. The Adult Education Committee thanks Rita Grazda, Kristen Bishop, John Scruggs, Frank Fraser, Katherine Gunther, Mary Filicetti, Anne Marks, and Amy Stenlund who pre-read a variety of books to help the committee choose *“The Mind of God: Neuroscience, Faith and a Search for the Soul”*.



Youth Matters

wpc-alex.org/youth

Whitney Fautleroy Wfautleroy@wpc-alex.org

Rise Against Hunger

On Sunday May 6th from 3:30pm-6:00pm you are invited to a meal packaging event for Rise Against Hunger. Rise

Against Hunger (formerly Stop Hunger Now) is an organization driven by a vision of a world without hunger. Rise Against Hunger's meal packaging program is a volunteer-based initiative that coordinates the assembly-line packaging of highly nutritious dehydrated meals comprised of rice, soy, vegetables, and 23 essential vitamins and minerals. When we come together on May 6th, the goal will be to package 10,000 meals. This event is fun, high energy and great for all generations. The youth of Westminster hope that you will join them on May 6th. To RSVP, email [Whitney\(wfautleroy@wpc-alex.org\)](mailto:Whitney(wfautleroy@wpc-alex.org))

Confirmation Class



Ten students in this year's confirmation class attended a retreat in Baltimore, MD in early March. In partnership with a ministry and mission of the Presbytery of Baltimore called The Center, we learned about Baltimore. We spent one morning "waking up a garden" that was started to help those recovering from methadone and opioid addiction. Precious, a woman who works at the clinic had the idea for the garden because she said that the clinic is about new life and recovery and all around the clinic on the block and the neighborhood it looks like death. Students also visited two worship services- one Roman Catholic, one Baptist, had three weeks worth of Confirmation classes, and cooked their own food.



One Great Hour of Sharing

This year's giving theme is from Isaiah 58—"YOU SHALL BE CALLED REPAIRERS OF THE BREACH." Join Westminster as we share God's love with our neighbors in need around the world by providing relief to those affected by natural disasters, provide food to the hungry, and helping to empower the poor and oppressed. Projects supported by One Great Hour of Sharing are underway in more than 100 countries—OGHS is the single largest way that Presbyterians come together every year to work for a better world. We encourage you to give generously to this offering during the Easter season. Envelopes will be in the pew racks, or visit presbyterianmission.org/give-oghs to give online.

WPC in Mission

wpc-alex.org/serve

Contact: Patrick Hunnicutt | phunnicutt@wpc-alex.org



The Power Of Invitation

Invitations can make all of the difference. Someone invites us to dinner, and we find the possibility of friendship where before there was only an acquaintance. A teacher invites us to read a book, and now a whole world opens to us, one we hardly knew existed. A beloved of God says, "Follow me," and nets that once felt so familiar now feel heavy, as the urge to drop them and go arises in fishermen who would become disciples.

Church newsletters like this one are stock full of invitations. Embedded within each opportunity for fellowship and service abides the power and possibility of new friendships, new life, and new levels of devotion to the One who came so that we might have life, and have it abundantly. In the list of April opportunities listed below, you are invited to consider what may be possible to you in such a time as this. (Unless otherwise noted, contact localmission@wpc-alex.org to register or for more info)

- **Neighborhood Health:** On Saturday April 14th (8:30 am – 1:30 pm, 6677 Richmond Highway), you are invited to assist a free dental screening event for our neighbors lacking access to affordable care. Volunteers don't need to stay the entire time, and are needed to welcome and direct parents/patients, assist low-literacy parents to register their children and reach the clinic, make copies of dental treatment plans for families to take home, and assist with encouraging younger children with entertaining activities while they wait, such as drawing/coloring, etc. To participate, contact localmission@wpc-alex.org.
- **Meals on Wheels** (April 17th and the 3rd Tuesday of each month) – You are invited to join a WPC team to deliver meals to vulnerable elderly residents of the city as part of a program operated by Senior Services of Alexandria. This service runs year-round, so if that particular day does not work, your help would be welcome on others.
- **Carpenter's Shelter Cook-off** – On Sunday, April 22 (12-3 pm at the Birchmere), you are invited to sample dishes from 20+ area restaurants and listen to live music while supporting efforts to end homelessness. Tickets are \$50 adults/\$20 children and are available at carpentersshelter.org.
- **Offender Aid and Restoration** – On Tuesday, April 24th (7:45-9:00 AM at the Crystal City Gateway in Crystal City), you are invited to attend the OAR's 10th Annual 2nd Chance Breakfast and learn about local efforts to provide assistance to those released from prison with housing, employment, and other services that reduce recidivism. Breakfast is free, and they will ask attendees to consider making a free-will contribution. For reservations (encouraged though not required) or more info, contact localmission@wpc-alex.org.
- **Rebuilding Together Alexandria** – On Saturday, April 28th (approx. 9 -3, or a smaller shift) you are invited to join a team of WPC members who will help repair and rehab the home of a low-income residents of the City as part of the National Rebuilding Day. All skill levels welcome! To participate, email localmission@wpc-alex.org.



The Outsiders Group

Kera Winburn | outsiders@wpc-alex.org

Open to all fitness levels and ages, this group meets monthly in the fall and spring to explore the outdoors, fellowship with one another, and develop a deeper relationship with God through nature. Our spring schedule is:

Saturday, March 31, 10:00 AM to 12:00 noon | Hiking at Roosevelt Island

Join us to walk the island and view the wildlife. Dress according to weather predictions and bring binoculars if interested. Meet in the Roosevelt Island parking lot. For more information or to RSVP, contact Kera Winburn.

Saturday, April 14, 8:00 AM to 5:00 PM | Spotsylvania Battlefield & Whiskey Distillery Tour

After walking at the Spotsylvania Battlefield, we will tour the A. Smith Bowman Distillery. Please bring sunscreen, hat, and bug spray as appropriate as well as water. Either pack lunch or explore one of the local restaurants. Meet at the church to leave on the bus by 8 a.m. RSVP required to Kera Winburn.

Saturday, May 19, 8:00 AM to 5:00 PM | Exploring, Hiking, and Walking at Harper's Ferry, WVA

Select from walking around Harper's Ferry, walking on the C&O canal, or hiking to the Overlook. Pack a lunch or sample local fare at one of the restaurants. Plan to bring water. Bring sunscreen, hat, and bug spray as appropriate. Meet at the church to leave on the bus by 8a.m. Entrance fee is \$5.00 per person without a National Parks pass. RSVP required to Kera Winburn.



the Chronicle

A publication of Westminster Presbyterian Church
Contributors: Members, Friends, & Staff of Westminster
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Sunday Worship 8:30 a.m. & 11:00 a.m.

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Member Involvement News



One thing that stops a lot of people from volunteering is the fear of making a long term commitment. While Westminster makes a considerable effort to allow members to volunteer on their own schedule, once a year we have an opportunity to be involved with an event that lasts only one day and only a few hours if that's all you've got. It is the perfect event for those who can't make a long-term commitment. The Rebuilding Together Alexandria National Rebuilding Day (formerly Christmas in April) will be held on Saturday, April 28. That day volunteers will spruce up the houses of elderly Alexandrians by painting and doing small fix up projects both inside and out. If you can handle a paint brush or a hammer or even a screw driver you have sufficient skill to help. Or, if you prefer, you can plant flowers or prune bushes. Willingness to help is the main skill needed. So put the date on your calendar now and notify the Local Missions Committee that you are interested. In addition to helping neighbors, it's a lot of fun and you can pick up some valuable skills for use around your own home.

There are numerous ways to get involved at Westminster. Mission projects are only one way. Almost everything the church does requires volunteer help. One fun way to volunteer is to help with the annual picnic which will be coming up in June but will need people to help plan it starting very soon. Also, Steve Lastelic is looking for softball players. Men and women are needed for the team. Regardless of how you get involved, you will make new friendships.

Hope to see you around on one of the many activities.

Yours in Christ,
Art Sauer
Member Involvement Coordinator