

Older Adult Ministries
Regional Conference Event Sponsors



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**Worthington
Presbyterian Church**



POAMN

Presbyterian Older Adult Ministries Network



**PRESBYTERY of
SCIOTO VALLEY**
SERVING CENTRAL AND SOUTHERN OHIO

POAMN

Presbyterian Older Adult Ministries Network

**Regional Conference
on Aging**

Columbus, OH

October 12th, 2018

**“The Best of Times:
God’s Call in the
Third Thirty of
Life”**

Worthington Presbyterian Church

773 High Street

Worthington, OH 43085

"that you may stand firm, perfect complete and mature,
fully assured in all the will of God." Colossians 4:12b

Event Schedule, at a glance

7:30-8:30 a.m.	Registration & Breakfast
8:30-9:00 a.m.	Opening Worship
9:00-10:00 a.m.	Keynote—Rev. Ray Jones
10:30-11:45 a.m.	Workshops 1
11:45-12:30 p.m.	Lunch
12:30-12:45 p.m.	Chair Exercises
1:00-2:15 p.m.	Workshops 2
2:00-2:15 p.m.	Break
2:25-3:40 p.m.	Workshops 3 and closing

Keynote Speaker

The Reverend Ray Jones



Ray Jones is the Associate Director of Evangelism for the Presbyterian Church (U.S.A.). He has served the church as a pastor for thirty years in congregations in MS, AL, and GA. For the past seven years he has served the denomination through the

Presbyterian Mission Agency.

Ray has a heart for helping people come to know and grow in their love of God in Jesus Christ. Through Ray's guidance, The Presbyterian Mission Agency is producing curriculum to encourage and equip churches to help people live into their stories of faith, grow as followers of Christ, and see themselves as missionaries to their communities. He is a strong advocate for POAMN and garners valuable support from within PCUSA for POAMN's mission. Ray believes that renewal in the church begins with God's radical, unconditional love as revealed in Jesus. Ray is married and has two grown daughters. He has experienced training and education at Furman University, Columbia Theological Seminary, the church, and through living in the world.

Register and pay online at www.poamn.org or mail in this registration form.

Name _____

Church _____

Email _____

Phone _____

Workshops that you anticipate attending:

11:30-11:45 1-2:15 2:25-3:40
Workshop: # _____ Workshop: # _____ Workshop: # _____

Are you a workshop leader or volunteer? Yes No

Will you need childcare? Yes No

Dietary Concerns and/or Special Needs?: Yes No

(if yes, please elaborate _____)

Hotel Information for out of town attendees A block of rooms has been reserved at The Homewood Suites, 115 Hutchison Ave., Columbus OH 43235, less than 2 miles North of the conference venue. A special rate of **\$99/night, tax free**, has been established for Thursday, October 11th through Sunday October 14th, **provided that the reservations are pre-paid through POAMN (see registration form at www.poamn.org).**

It is important that you call the hotel to select/reserve your room, 614-785-0001 and mention the **Group POAMN**. The rate includes an evening meal/buffet and full breakfast.

Registration \$25 by September 12th \$ _____

Registration \$35, Sep 13th to October 11th \$ _____

Registration \$40 if paying at the event \$ _____

Hotel \$99/per night, for (insert dates) _____ \$ _____

Total amount enclosed: \$ _____

Please make checks out to the Presbytery of Scioto Valley. Mail to: **4131 North High Street, Suite B, Columbus, OH 43214**. For inquiries contact: dyoungblood@swbell.net or Jeannie@psvonline.org or call at 614-847-0565.

Panelists continued:

Rev. Don and Rev. Janice Hilkerbaumer have shared ministry for over 46 years, serving churches in KY, IL, IA and OH. Janice retired in 2011 from the Dublin Presbyterian Church and Don retired in 2013 from the Plain City Presbyterian Church.

Rev. Irvin Moxley is a prominent African American Presbyterian leader. A Louisville native, he became the director of the Presbyterian Community Center upon graduation from Louisville Presbyterian Theological Seminary. He also served more than a decade as associate executive of the Synod of the Covenant, where his responsibilities included relating to the synod's racial/ethnic caucuses, as well as developing models for multicultural ministries in the Synod's inner cities. Moxley is a 1997 recipient of Louisville Seminary's Distinguished Alum Award, and is a member of the Seminary's Board of Directors.

Workshop #11 Leaving a Legacy - Rev. June Begany

This workshop will explore several ways to develop and leave a spiritual or ethical legacy. Examples that will be highlighted include ethical wills, spiritual auto biographies and storytelling.

Bio: Rev. June Begany is a retired teaching elder from Cleveland, Ohio (Western Reserve Presbytery) She served as an Associate Pastor and also in 2 congregations as interim pastor. She is a former history teacher and also a licensed social worker. She serves as Secretary to the Executive Committee of POAMN. She lives with her husband Paul in Cleveland Heights.

Workshop #12 Overcoming Fears Common in the Third Thirty of Life - Dr. Mark Arni

Ideas for successfully navigating the changes of growing older. Scripture Reference—Psalm 46:1 “God is our refuge and strength, a very present help in trouble.”

Bio: Dr. Mark Arni is in his 14th year as Chaplain at Ohio Living Westminster-Thurber. He earned his Doctor of Ministry in 2015 at Asbury Theological Seminary. He and his wife have eight children, four boys and four girls, four by birth and four by adoption. They live in a log cabin on 42 acres just west of Lancaster, Ohio. Mark enjoys reading and power walking.

“The place God calls you is the place where your deep gladness and the world’s deep hunger meet.” —Frederick Buechner

DETAILED PROGRAM

**8:30-9:00 a.m. Opening Worship;
Sanctuary (upstairs)**

Preacher: The Rev. Dr. Julia Wharff Piermont has served as Senior Pastor of Worthington Presbyterian Church since 2014 and, prior to that, served 17 years as Pastor of Sugar Creek Presbyterian Church in Kettering, Ohio. A life-long Midwesterner, Julia has a background in music (piano and French horn) and holds degrees from two of our Presbyterian seminaries, McCormick and Princeton. She is married to Dennis Piermont.

Worship Leaders: Rev. Justice Ofosuene is the pastor of Ramseyer Presbyterian Church in Columbus, a Ghanaian worshipping community. Rev. Allan Robot is the pastor of GMIM Musafir Columbus Ohio, an Indonesian new worshipping community. Elder Joyce Smith is a member of Bethany Presbyterian Church, and African American worshipping community. Dr. Stephen Jacoby is the organist at Worthington Presbyterian Church.

**9:00-10:00 a.m. Keynote—Rev. Ray Jones
Sanctuary (upstairs)**

**10:00-10:30 a.m. Break, refreshments
Fellowship Hall
(downstairs)**

**10:30-11:45 a.m. Workshops 1
Rooms 111, 112, and
(upstairs) Chapel and 222**

Workshop #1 Digging Wells vs Building Fences Leads to Bearing Fruit - Rev. Ray Jones

What would happen in our churches if we paid more attention to the well that restores and equips us in our life together? We would experience healthier churches. Theology, Formation and Evangelism at PCUSA has identified 7 Vital Marks for a healthy congregation. These are: life-long Christian formation, authentic evangelism, outward incarnational focus, spirit-inspired worship, capacity to care, servant leadership development, and ecclesial health. When our churches are healthy, we are nurturing and equipping people to follow Jesus into the lives of others and into God's mission in the world. We bear fruit that nurtures others.

As we bear fruit, we share the faith with people without hope, we do justice, we practice hospitality, and we are agents of healing. In other words, we are the body of Christ. If the context permits, there will be numerical growth. But no matter the numbers, there will always be spiritual, emotional, and personal growth. When lives change communities change. There are no better leaders for this movement than our older adults.

Workshop #2 Generational Generosity - Dennis Piermont

Over the last sixty years, the mainline church has become less and less "mainline." Many Millennials see themselves only as "spiritual, but not religious." Parallel with this is generosity. Older generations are clearly more likely to be more fully engaged in financial stewardship, both to churches and charitable organizations. This is to a fuller understanding of a commitment to give back. This culture of generosity must be "passed down" in order for many of our institutions to survive. Those in the Third Thirty can be a major force in making this happen. This is a challenge to witness to a lifetime of thinking beyond oneself, and to teach and mentor the generations that come after.

**Afternoon Workshops 2:25 p.m.– 3:40 p.m.
Rooms 111, 112, and, (upstairs) 222 and Chapel**

Workshop #9 Social Justice & Older Adults: Holy Moley! Or rather – Why I Should Care about Poverty, Structural Racism, and Other Issues of Life! - Rev. Rebecca Tollefson

This workshop explores why, as older adults, we have great opportunity to dig in, delve more deeply into, and expand our own understanding of national and world issues that we all face. We'll take a look at what came out of the recent 223rd General Assembly for us to 'tend' to. And all will be encouraged to DO something!

Bio: Rebecca has recently retired having previously served on the Ohio Council of Churches as executive director for 20+ years. She served on national staff and served two pastorates. Growing up in Iowa, she never thought she'd live in Ohio more than 5 years. God has a sense of humor, and had a different plan.

Workshop #10 God's Call in Retirement for Clergy. Panel Discussion. Facilitated by: Rev. Dr. Jeannie Harsh, Executive Presbyterian of the Presbytery of Scioto Valley.

Now that you are retired, or about to be retired from active ministry, where is God calling you? Hear the panel's experiences of how service to the Lord has fulfilled them in retirement and what they would still like to do, and participate in an open discussion on God's call as it continues into retirement.

Panelists include: **Rev. Otto Zingg**, a retired Presbyterian pastor, who lives in Bristol Village Retirement Community with his wife Elaine. Since retirement he and Elaine spend part of each year as resident volunteers at schools and conference centers in AK, NM, NY, Chicago, MA, CO, and Scotland. Otto sees himself as a student, open to the wonder and mystery of life and relationships and knows that he is capable of personal and spiritual growth until the moment of death.

Workshop #7 The World through the Eyes of a Person with Alzheimer's Disease. - Rev. Bob Coberly

What does the world look like for a person living with Alzheimer's disease? This workshop will provide that rare insight and offer suggestions on how to be helpful when visiting a person who has dementia. An Alzheimer Association PowerPoint presentation and information resources are used as well as the experience of the presenter who has 25 years of full time hospice chaplaincy experience.

Bio: Rev. Coberly is recently retired after more than 25 years of service as a hospice chaplain in Texas and Ohio. He was ordained in 1976 and has since pastored churches in TN, TX and IN. He completed a one-year residency in Clinical Pastoral Education at Memorial Hospital in South Bend, IN. In hospice, he has worked as a Bereavement Services Manager, as well as Chaplain, and has been an active educator in the communities where he has served.

Workshop #8 Making Your Third Thirty a Great Thirty - Elder Chris Pomfret

The workshop will address topics that we all face in our 60-90 year age bracket (or Third Thirty) such as: Dealing with retirement, whether by choice or imposed; Dealing with loss of Independence; Dealing with loss of a spouse or a loved one; Downsizing and getting rid of "stuff"; Involving your children in your plans,or not!; Accepting help, when it's contrary to our nature; and much more.

Bio: Chris is a Ruling Elder at Bath Presbyterian Church in Dayton OH and is the Founder of "The Third Thirty". Originally from England, Chris was an Aerospace Engineer in the Air Force and ran his own aerospace consulting company in Dayton prior to retiring in 2016 to enjoy his "Third Thirty". He is currently Vice-President of the Presbyterian Older Adult Ministries Network (POAMN).

Dennis Piermont Bio: After a 35 year career in Architecture and Landscape Architecture, Dennis Piermont served for ten years as the Executive Presbyter for the Presbytery of Miami Valley, overseeing more than fifty Presbyterian congregations in southwest Ohio.

In retirement he continues to study dynamics and trends in the Presbyterian church, consulting with, and advising pastors, sessions, and congregations. Generosity and stewardship has been of particular interest, about which he has preached, spoken and written considerably over the last twenty years. He currently lives in Dublin with his wife, the Rev. Dr. Julia Wharff Piermont.

Workshop #3 The Goldilocks Effect - Understanding Senior Living Choices - Joel Wrobbel

This workshop highlights the many choices a senior adult will encounter regarding living choices in the post work career. For each type of care (living) option this workshop will: 1. Define that living option; 2. Talk about the Financial considerations for each area of care; and 3. Provide helpful information as to what to look for - The Goldilocks effect.

Bio: Joel Wrobbel began working with the elderly in 1985 while guiding an intergenerational ministry with Elders and high school youth. Joel is a graduate of three schools in Chicago, Illinois: Moody Bible Institute, Roosevelt University and North Park University. Joel has experience serving older adults in a variety of settings including a nursing home, Independent living community and in a continuing care retirement community. Joel currently serves as the Marketing Director at Ohio Living Westminster-Thurber in Columbus, Ohio (since 2001) and was the host of a weekly Saturday radio broadcast called "Journey Through Aging" on WRFD, AM 880 (Feb. 2011 – Oct. 2016).

Joel became an Associate of the Eden Alternative in 2005 and is passionate about spreading the message of culture change in Senior Living Communities and helping older adults find meaning and purpose.

Workshop #4 Developing Age Friendly Communities

- Katie White and staff

How the public and private sector (including churches) can work together to meet the needs of older adults within neighborhoods.

Bio: Katie White is the Director of Age Friendly Columbus and Franklin County.

**11:45-12:30 a.m. Lunch
Fellowship Hall (downstairs)**

**12:30-12:45 a.m. Chair Exercises
Fellowship Hall (downstairs)**

The exercise will be easy to follow. We will raise our heart rate and body temperature with a series of exercises, do a few resistance exercises, and finish with stretching exercises.

Bio: After college, Jaime Hobson began working in the OSU College of Veterinary Physiology/ Pharmacology as a Research Associate, dealing with heart and lung research. Her intention was to pursue Veterinary Medicine. Veterinary medicine became a memory as she enjoyed her job and the people with whom she worked. She continued in research (heart & lung, exercise physiology, emergency medicine) for 16 years then left research when she received a life changing health diagnosis. Her thought at this time was if she survive this challenge she should do something more beneficial for others. One of her part-time jobs was working in the activity department at what was then Westminster-Thurber Community. Her hours continued to be increased so she was able to become full-time. She feels she has added more to peoples' lives than what she was doing in research. Her purpose now is to connect older adults to meaningful opportunities which enrich their lives, daily.

**Afternoon Workshops 1:00- 2:15 p.m.
Rooms 111, 112, and, (upstairs) 222 and Chapel**

Workshop #5 Mission & Older Adults: Leaving Happy Tracks - Dave and Eloise Lewis

God needs the variety of skills and talents of those in the Third Thirty of their lives to do His mission work. How and where can I fit into His plan?

Bio: Dave and Eloise Lewis have participated in various mission trips and projects. They are retired teachers residing in Oak Hill, Ohio and are members of the Oak Hill Bethel Presbyterian Church, a small church nestled in the hills of southeast Ohio.

Workshop #6 Keeping Our Margins—Rev. Karen Fleming

Does it seem that life gets more complicated each day? There are more changes, more choices, more expectations - and don't forget more technology! In "Keeping Our Margins", we will discuss the problem of overload, and the solution: margin. We will discuss how to keep our Margins in the areas of time, emotions, physical health, finances and spiritual health.

Bio: Rev. Karen Fleming is the Chaplain/Director of Pastoral Care at Ohio Living Mount Pleasant in Monroe. She has a Master degrees in Divinity and Christian Education both from Nazarene Theological Seminary in Kansas City, MO. She has served in local parish ministry in Kansas City, MO and Dayton, OH; and served as hospital Chaplain in hospitals in both MO and OH. Rev. Fleming has been instructor of Theology for the District Ministerial Training Center, and has taught community seminars on communications, grief and loss, and prayer ministry.