Pray Along the Way

A Prayer Book and Journal

This book is dedicated to all

the preachers and teachers,

family members, colleagues

and friends who taught me

about prayer and how to pray.

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May God’s Grace now,

Fill this place now,

Let us sing to our King.

Send us in Your name now

To declare Your fame now

Father, Son, Spirit One.

\* May be sung to tune “Are you sleeping, Brother John”

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How to use this book

This is a book of prayers that may be prayed

in the order that they appear or any order that

You choose. Prayer, like the Sabbath, was

made for our benefit and not the other way

around. So use these prayer to nurture,

enrich and bless your life. Each page also

provides space for you to write, journal

if you will, about the prayers, your life,

your longings. As you “pray your way

along,” write, reflect, record your own

prayers. Like the prayers, the empty

spaces are for you to use as you choose

and may the riches of this venture bless

you on your journey.

Ray W. Mendenhall

Lord Jesus fill me now

Forgive me all my sin

From earthbound passions

free my soul

And make me new within.

\*May be sung to the tune: “Lord Jesus think on

me” from the Taize Songbook

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By your grace and favor, Father,

By you love and mercy, Son,

By your guiding hand, O Spirit,

Lead us in Your way.

By your peace and power, Father,

By your hope and promise, Son,

By your word and vision, Spirit,

Grant us eternal day.

20

Morning prayer

God above me

Christ around me

Spirit now within me

Be my dwelling place this day

Be my fortress and my stay.

1

I pray this day with heart upraised

To the God who made us all.

I pray this day with life aflowing

From the Son who saves us all.

I pray this day with soul attuned

To the Spirit who guards and guides us all.

O Holy Three surrounding me,

I praise You in Your Trinity.

O Holy Three surrounding me,

I seek Your blest community.

2

Father of the quiet night

Shine on me here

Holy Christ, salvation’s light

Shine in me here

Spirit, Guardian of the right

Shine with me here

May Your Presence ‘round me bless

Gentle slumber, holy rest.

19

Night falls, Your Spirit hovers

As I nestle in my covers.

Lord of slumber, God of night

Grant me grace’s healing light.

18

Holy Three to live in You

Is life graceful and rare.

Thank you for Your power.

Thank you for Your presence.

Thank you for Your daily care.

3

Good life be full to me.

Right thought be guide to me.

Full heart be source to me.

Strong voice speak grace to me.

And to each soul I meet this day.

4

Lord of day and Lord of night,

Shine in me Your holy light.

Grant me sleep’s gentle release

That I may slumber in Your peace.

17

I lay me down to evening rest,

In my slumber, Lord, now bless.

For I slumber in Your care

Knowing You are everywhere.

16

May the road open to you.

May God bless each thing you do.

May God Guide you every day.

May God hold you safe always.

5

Father, nigh unto the earth

And Savior Son now bless our birth.

Great Spirit flowing all around

May Your peace ever abound.

Holy Three, I greet Thee,

Come now here and meet me.

6

Come now, Lord, in this night

Surround me with Your heavenly light.

Hear my humble, heart-felt prayer

And keep me in Your tender care.

15

Evening Prayers

I marvel at the beauty, Lord,

Of stars all ordered in the air,

And the wonder of their shining

Speaks of Your eternal care.

14

Father, maker, King and Lord;

Son, Savior, Incarnate Word;

Spirit, Guide and Guard and Way;

Great Three encompass me today.

7

May God's smile reveal His light,

May Christ's Word unveil the right,

May the Spirit's holy sight,

Be ever over me.

8

I take the seed, I go to sow

In the name of Him who makes it grow,

In the name of Him who sends the rain,

Feeds the soil and swells the grain.

I take the seed, I go to sow,

I seek the blessing here below;

But lift my praise up to the sky

And glorify my God on high.

Maker of the sky and earth,

Giver of all life and worth,

King of all that lives and thrives,

Give us grace throughout our lives.

13

At this table now, I bless:

The God who sends me all His best,

The Son who brings me life and grace,

The Spirit dwelling everyplace.

For food and friends and earth’s delights

I praise the Lord of Love and Light.

12

Go with God and boldly go

With the Father of all compassion,

The Son of true salvation,

The Spirit, safe companion

As you travel through this day

As you journey on your way.

9

Noonday prayers

Father of creation's making,

In You we live and move and have our being.

O Son of grace awakening,

In You we live and move and have our being.

Blest Spirit of the Holy way,

In You we live and move and have our being.

Illumine us each and every day,

In You we live and move and have our being.

10

Halfway through, I pause to pray

For the blessings of this day,

For the morning shining fair,

For God’s daily gracious care,

For each gift that comes my way,

For the work and for the play,

For the end of restful night,

Opening to creation’s light.

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