Dear Ones in Christ,

I greet you in the name of the One who is Love. Let us quieten our hearts to hear God’s word for us today.

Today’s Lectionary psalm in Psalm 19.

1 The heavens are telling the glory of God; and the firmament proclaims his handiwork. 2 Day to day pours forth speech, and night to night declares knowledge. 3 There is no speech, nor are there words; their voice is not heard; 4 yet their voice goes out through all the earth, and their words to the end of the world. In the heavens he has set a tent for the sun, 5 which comes out  like a bridegroom from his wedding canopy, and like a strong man runs  its course with joy. 6 Its rising is from the end of the heavens, and its circuit to the end of them; and nothing is hid from its heat. 7 The law of the LORD  is perfect,  reviving the  soul;    the decrees of the LORD  are sure,  making  wise  the  simple; 8 the precepts of the LORD  are right,  rejoicing  the  heart;    the commandment of the LORD  is clear, enlightening the eyes; 9 the fear of the LORD  is pure,  enduring  forever;    the ordinances of the LORD  are true and righteous altogether. 10 More to be desired are they than gold, even much fine gold; sweeter also than honey, and drippings of the honeycomb. 11 Moreover by them is your servant warned; in keeping them there is great reward. 12 But who can detect their errors? Clear me from hidden faults. 13 Keep back your servant also from the insolent; do not let them have dominion over me.     Then I shall be blameless, and innocent of great transgression. 14 Let the words of my mouth and the meditation of my heart be acceptable to you, O LORD, my rock and my redeemer.

I invite you to let this psalm seep into your soul. Read it prayerfully several times. Pause between verses and let the words wash over you. Instead of me telling you about this psalm my question is what is this psalm telling you about God, the universe, nature, and yourself? Tuck your responses in your heart and carry them with you.

As you celebrate World Communion Sunday may this be your prayer, “Let the words of my mouth and the meditation of my heart be acceptable to you, O LORD, my rock and my redeemer.”

Rev. Janice Stamper